



# HAZARD REPORT

## EXTREME HEAT



SPRINGFIELD-GREENE COUNTY OFFICE OF EMERGENCY MANAGEMENT

### Emergency Operations Center Partner Agencies

07/22/2025 | 1110 hrs. Hazard Event #: 25-051

### Watches / Warnings / Advisories:

**Heat Advisory:** In effect from now until Thursday, 1900.

HAZARD	July 22	July 23	July 24
Excessive Heat	Elevated	Limited	Limited
Fire Weather	Limited	Limited	Limited

### DISCUSSION

The Extreme Heat Warning originally valid today through Thursday has been replaced with a Heat Advisory. Daily afternoon heat index values generally in the 100–105-degree range are forecast. Low chances (10-20%) for an isolated shower or thunderstorm across the eastern Ozarks this afternoon. Above average temperatures are likely through the end of the month.

### CITIZEN ACTION STATEMENT

- **Drink plenty of water:** Water, sports drinks, and electrolyte solutions can help replace lost fluids and electrolytes.
- **Avoid alcohol and caffeine:** These can dehydrate you further.
- **Wear light clothing:** Choose lightweight, light-colored, and loose-fitting clothing to help your body stay cool.
- **Limit outdoor activity:** Avoid strenuous activities during the hottest part of the day, typically between 10 AM and 4 PM.
- **Never leave children or pets in cars:** Temperatures inside a parked car can rise dangerously and quickly.
- **Know the signs of heat illness:** Heavy sweating, muscle cramps, nausea, dizziness, and headaches to name a few.

**“Dress light and hydrate!”**

### EMERGENCY MANAGEMENT ISSUES

Springfield-Greene County EOC: **OpCon Level 4: Monitoring**

\*\*\* OEM will continue to monitor this developing weather situation. \*\*\*

### ONLINE



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MoDOT Traveler Info Map



OzarksTraffic

