

# HAZARD REPORT EXTREME HEAT

SPRINGFIELD-GREENE COUNTY OFFICE OF EMERGENCY MANAGEMENT

**Emergency Operations Center Partner Agencies** 06/20/2025 | 1600 hrs. **Hazard Event #:** 25-047

# Watches / Warnings / Advisories:

**Heat Advisory** in effect from noon Saturday to 10 pm Sunday.

HAZARD	Jun 20	Jun 21	Jun 22
Excessive Heat	Limited	Limited	Limited
Fire Weather	Limited	Limited	None
Lightning	Limited	None	None

### **DISCUSSION**

Heat index values from around 95 to around 100 degrees are expected across the area this afternoon. A few isolated showers and thunderstorms will be possible this afternoon across portions of the area. Heat index values from around 95 to near 105 degrees are expected to continue to occur each day this weekend into the middle of next week.

## **CITIZEN ACTION STATEMENT**

- **Drink plenty of water:** Water, sports drinks, and electrolyte solutions can help replace lost fluids and electrolytes.
- Avoid alcohol and caffeine: These can dehydrate you further.
- **Wear light clothing:** Choose lightweight, light-colored, and loose-fitting clothing to help your body stay cool.
- Limit outdoor activity: Avoid strenuous activities during the hottest part of the day, typically between 10 AM and 4 PM.
- Never leave children or pets in cars: Temperatures inside a parked car can rise dangerously and quickly.
- Know the signs of heat illness: Heavy sweating, muscle cramps, nausea, dizziness, and headaches to name a few.

# "Dress light and hydrate!"

### **EMERGENCY MANAGEMENT ISSUES**

Springfield-Greene County EOC:

**OpCon Level 4: Monitoring** 

\* \* \* OEM will continue to monitor this developing weather situation. \* \* \*

# **ONLINE**









MoDOT Traveler

OzarksTraffic



40



