

# Character: *endurance*

September 03, 2019

# What does endurance mean to me?

My middle school track story.....

## 400 meters





My middle school track  
story.....  
1200 meters

Everyday life is like a track  
race.

Sometimes we have one  
monkey on our back and  
other times we have several.



## E.N.D.U.R.A.N.C.E.

- E - ENTHUSIASTIC
- N – NONCONFORMIST
- D - DISECT
- U - UNDERSTANDING
- R – RESILIENCE
- A - ABILITY
- N – NOTEWORTHY
- C – COMMUNICATE
- E - EARNEST

# ENTHUSIASTIC

Is your  
glass  
half  
empty?



Is your  
glass  
half  
full?



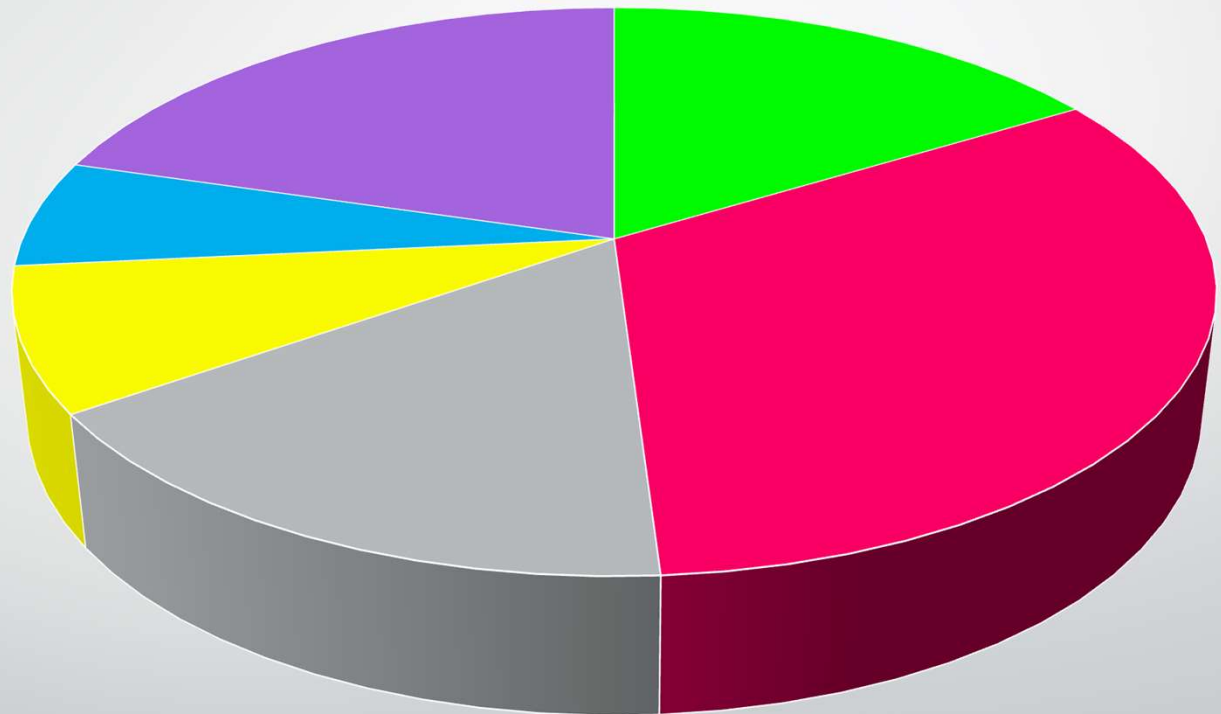
# NONCONFORMIST

“The people who are crazy enough to think they can change the world are the ones who do.”

Rob Stiltanen

# DISECT

Daily Tasks



■ Final Pays ■ Leave Audits □ Recon ■ Training ■ Correspondence ■ Presentation



# UNDERSTANDING



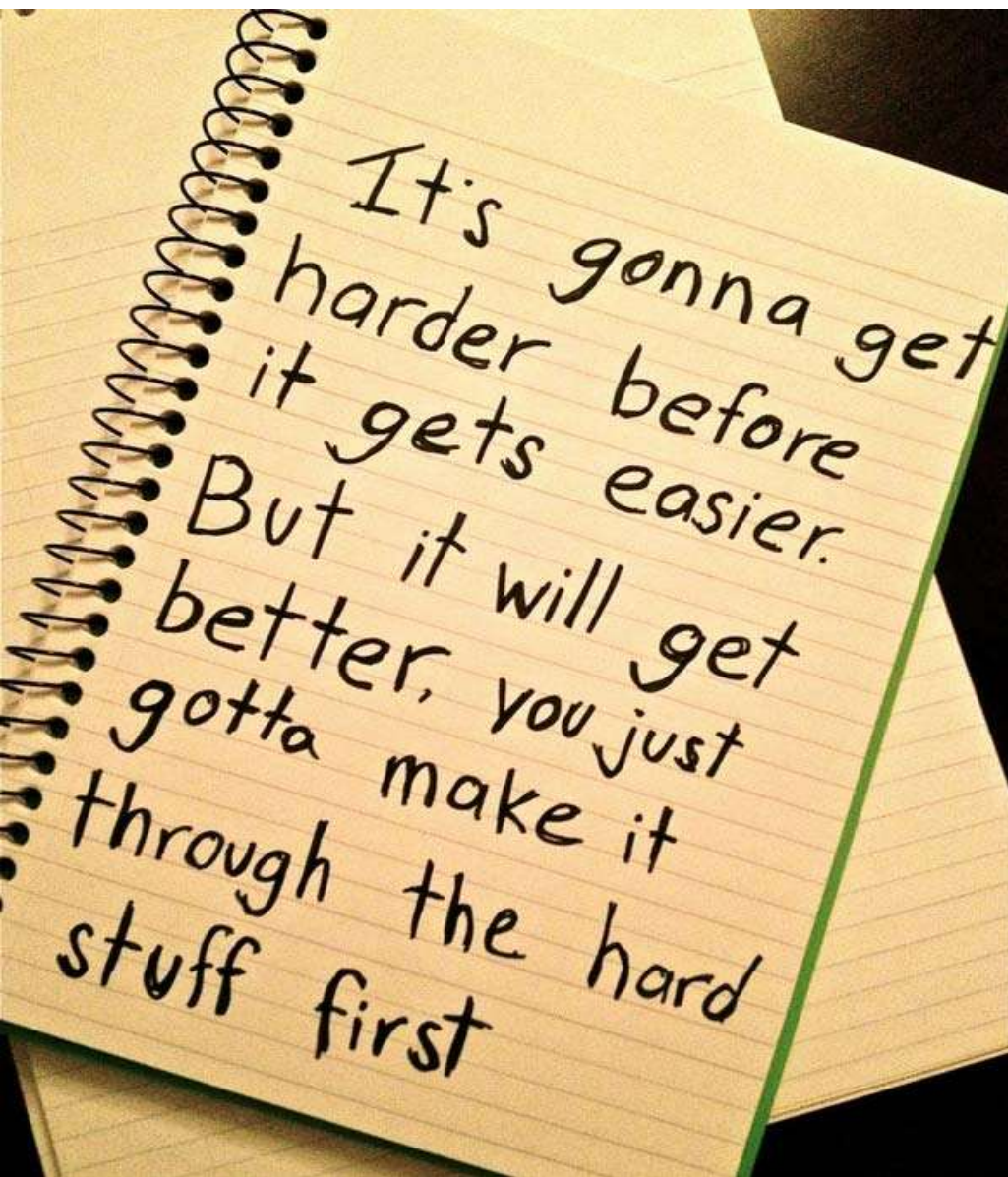
KNOWLEDGE

KNOWLEDGE



# PATIENCE



A close-up photograph of a spiral-bound notebook with lined pages. The notebook is open, and the pages are slightly aged and yellowed. The text is written in a casual, cursive script in black ink. The spiral binding is visible on the left side of the notebook. The background is dark, making the notebook stand out.

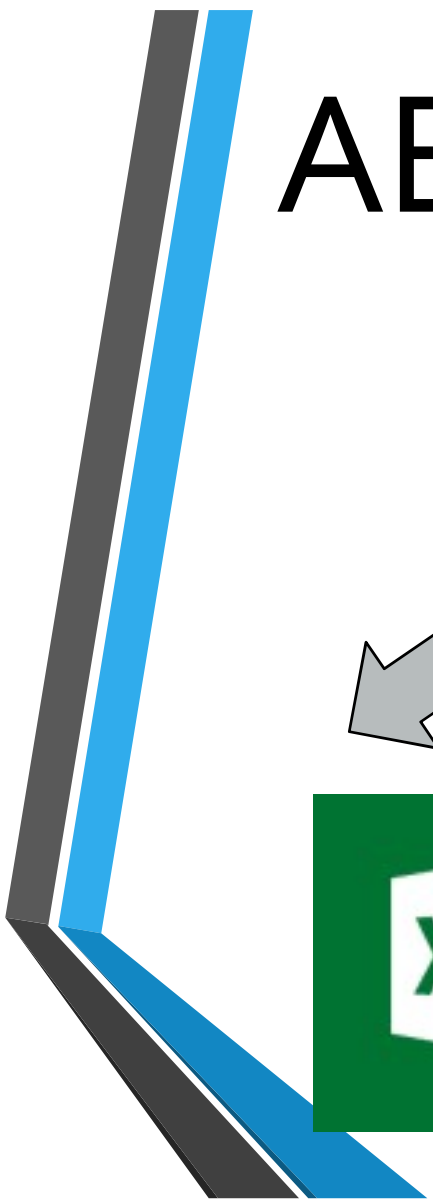
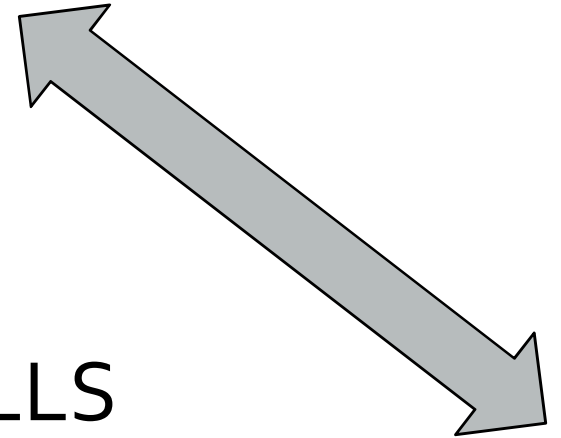
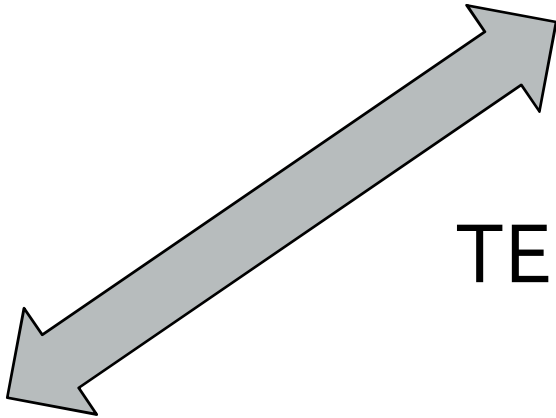
It's gonna get  
harder before  
it gets easier.  
But it will get  
better, you just  
gotta make it  
through the hard  
stuff first

RESILIENCE

ABILITY



TECHNICAL SKILLS





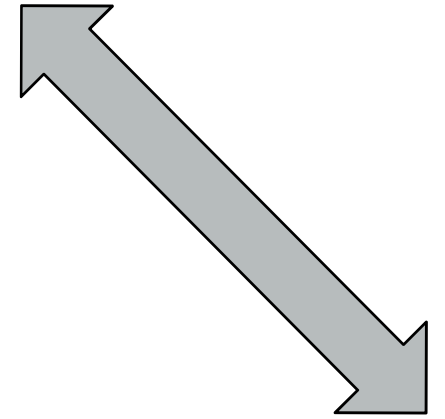
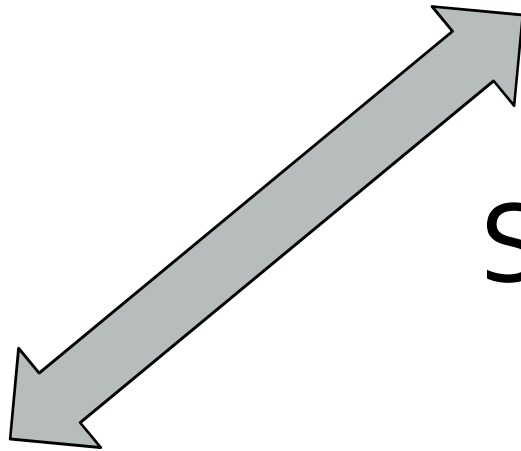
# ABILITY

COMMUNICATION  
SKILLS

SOFT SKILLS

LEADERSHIP  
SKILLS

PROBLEM-  
SOLVING  
SKILLS



NOTEWORTHY attitude



**COMMUNICATE**



EARNEST



**How many times have you put yourself out of the game before it even begins?**

