

# Health Assessments





~~Risk~~

## Why?

- Encourage you to take advantage of preventative care and health improvement programs
- Healthier population = lower health benefit costs & more productive workforce

## “Voluntary”

- Greene County will not and cannot force an employee to submit to a yearly health assessment
- However, employees with county sponsored coverage will be responsible for 10% of monthly premiums if they do not complete health assessment

# Health Assessments Help YOU!

Many don't know they have health risks that cost money

Despite the high costs and dangers of poor health, many don't realize they have health problems:

**25%** of adults with diabetes don't know it<sup>1</sup>

**20%** of those with high blood pressure don't know it<sup>2</sup>

**Less than half** of adults with high LDL cholesterol get treatment<sup>2</sup>

**66%** of adults are overweight or obese, but only 18% realize it and are trying to lose weight<sup>3</sup>





Expanded SGF-Greene  
County Park Board  
services coming soon.....

## Upcoming Health Assessments

- February: 21, 22 (Cox), 23 (Cox), 28
- March: 1, 2, 6, 7, 8