

# SEVERE WEATHER

stay aware, be prepared ...

## Springfield-Greene County Office of Emergency Management

### **Emergency Operations Center Partner Agencies**

07/03/2022 - 1800 hours

#### Watches/Warnings:

Excessive Heat Advisory from 4-8 July.

Hazard	<u>4-6 July</u>	<u>8 July</u>
Heat	ELEVATED	SIGNIFICANT

#### **Discussion:**

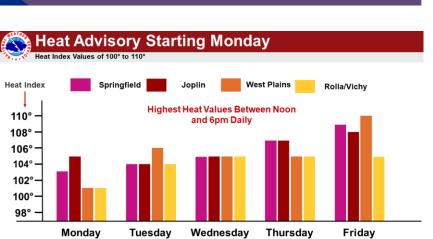
A heat advisory is in effect from noon on Monday, 4 July, through midnight on Thursday, 8 July. Heat index values up to 109 are expected during this time period. The heat advisory will affect portions of southeast Kansas and central, east central, south central, southwest and west central Missouri. High temperatures coupled with high humidity may cause heat injuries and illnesses, particularly in vulnerable populations.

#### **Citizen Action Statement**

- Drink plenty of fluids, stay in an air-conditioned room, stay out of the sun, and check up on relatives and neighbors.
- Young children and pets should never be left unattended in vehicles under any circumstances.
- Take extra precautions if working or spending time outside.
- When possible, reschedule strenuous activities to early morning or evening. Know the signs and symptoms of heat exhaustion and heat stroke. Wear lightweight and loose fitting clothing when possible. To reduce risk during outdoor work, the Occupational
- The Safety and Health Administration recommends scheduling frequent rest breaks in shaded or air conditioned environments. Anyone overcome by heat should be moved to a cool and shaded location.
- Heat stroke is an emergency. If someone develops signs or symptoms of heat stroke, call 9 1 1.

#### Emergency Management Issues:

- Springfield-Greene County EOC is currently at:
  OpCon Level 4: Monitoring
- OEM will continue to monitor this developing weather situation.
- Follow OEM: Twitter@gcoem and <u>Facebook/SpringfieldGreeneOEM</u>
- MoDOT: Traveler Information map: https://traveler.modot.org/map/index.html
- Ozarks Traffic: <u>http://www.ozarkstraffic.com</u>



#### National Weather Service Springfield, MO National Oceanic and Atmospheric Administration **Heat Exhaustion Heat Stroke** Dizziness Confusion ACT FAST CT FAST Move to a cooler area Thirst CALL 911 Dizziness Loosen clothing Move person to Heavy **Becomes** a cooler area Sip cool water Sweating

Seek medical help

improve

if symptoms don't

CDC MOSH

Heat exhaustion can lead to heat stroke

Nausea

Weakness

Unconscious

Loosen clothing and

Heat stroke can cause death or permanent

disability if emergency treatment is not given

nove extra layers

Cool with water or ice

Stay Cool, Stay Hydrated, Stay Informed!