Greene County Huddle Notes

Tuesday, July 2, 2019

Welcome and introduction by Cindy Stein.

Core Character is Forgiveness.

Forgiveness is not letting someone else control your life.

Forgiveness gives us freedom.

The video discuss looking at what you have now and not what you do not have.

One of the participants in the video discuss how she took up running 8 years ago.

One of the focuses was letting go of the event and not letting the event control us so that we can have positive energy.

We choose the things we think about in a positive manner and translate into positive results.

To forgive, we have to learn how to focus on the person and their value not the action that has occurred.

Skylar Desa from Information Systems facilitated this lesson on forgiveness.

- Idea: There is nothing easy about forgiveness.
- Both asking and getting forgiveness.
- Asking for forgiveness is just as important as getting forgiveness.
- Primary focus for today's discussion: asking for forgiveness.
- Who or what has wronged me.
- It is more than who or what has wronged me. I don't want to be resentful.
- It is more than me but is also about the other person when you forgive.

Gandhi's quote on forgiveness.

Skylar said that when he was asked to make this presentation he dropped to his knees and asked for forgiveness. The crowd responded by laughing.

- Defined true forgiveness
 - Letting go of the offense.
 - o Decide not to let the offense bother you.
 - Cannot bring it up later.
 - o Focus on the positive.
 - o Rebuild the relationship. Forgiveness is indefinite not until they mess up again.
 - o I forgive you because you are a value part of the team and we all make mistakes.
- Asking for forgiveness
 - Remember one day that you may have to ask someone for forgiveness. Keep this in mind when you are forgiving others.
 - Showing that you recognized that I have messed up.
 - o It is both a humbling experience and accountability for your actions.
 - o "I did not know we were not allowed to do that". Crowd responded.

Discussion starters:

- 1. What does it mean to let go of the offense?
- 2. How does forgiveness differ from forgetting?
- 3. Why is it difficult to forget?
 - ❖ We easily think people do not care which sometimes makes it hard to forgive.
 - ❖ We do not need them to ask us for forgiveness. They do not have to wait for them to ask. You can also ask for forgiveness at any time as soon as you realize that you are in the wrong or have caused the issues.
- 4. How can you show the person that you have forgiven them?

- a. Show them kindness and that you care.
- b. As you rebuild the relationship, remind them that you care.

Cindy thanked Skylar and next introduced the Commissioner's Corner.

Commission Corner: Harold Bengsch

Harold told us a story.

- O What does the commission really do?
 - Sign and approve many invoices several hundred.
 - Have the pulse of the community. Does not sit behind the desk and but is very involved within the community.
 - Harold is on 26 committees.
 - CPO Community Partnership of the Omari's
 - Works on various issued in the community.
 - Issues important in this community are
 - Watershed
 - Salvation Army
 - Touching the lives of people in this community.
 - Understanding the issues of the disadvantage citizen in this community
 - Governor's task force homeland security
 - Flooding and agriculture issues
 - Child Death Review Board
 - SW Missouri has the highest rate of child abuse and child death in the entire state. What causes this and how can we work together to reduce the child abuse and child death in our community?
 - Ozarks transportation organization both bob and Harold serve on this. Bob is heading this committee.
 - Widening 160 hazardous road need to be fixed.
 - Aligning the road, bridges and trail construction, Greene, part Christian and part
 Webster counties, to receive federal dollars. This board has to work for the good of the
 entire region not just Springfield.
 - All of these jurisdictions collaborate to collectively determine the need for the region or area. Similar to high involvement planning. This committed exemplifies how multiple counties work together.